




All-Russian Sky Grace competition in rhythmic gymnastics among partner teams

REGULATIONS	
CONDUCTING ORGANIZATION	<p>INTERNATIONAL SKY GRACE RHYTHMIC GYMNASTICS CLUBS ASSOCIATION Krasnodar Krai, Sirius Federal Territory, Sirius urban-type settlement, Triumphalnaya Street, 7, building 1, premises 1. iacrg@skygrace.ru https://skygrace.ru/</p> <p>PHYSICAL CULTURE AND SPORTS ASSOCIATION (NON-COMMERCIAL PARTNERSHIP) ALINA KABAEVA SKY GRACE RHYTHMIC GYMNASTICS ACADEMY OF Krasnodar Krai, Sirius Federal Territory, Sirius urban-type settlement, Triumphalnaya Street, 7, building 1, premises 1. https://skygrace.ru/ info@skygrace.ru</p>
ATHLETIC COMPETITIONS DIRECTOR	Dyukova Ekaterina (Sirius)
HEAD JUDGE	As designated by the Association
HEAD SECRETARY	As designated by the Association
LOCATION	Krasnodar Krai, Sirius Federal Territory, Sirius urban-type settlement, Triumphalnaya Street, 7, building 1, premises 1.; Olympiyskiy Prospekt, 5Ak1
DATES	November 27 – December 2, 2024
ATHLETIC FACILITY	<p>Sky Grace Academy</p>  <p>Martial Arts Academy</p> 

<p>GOALS AND OBJECTIVES</p>	<p>The competition objectives are:</p> <ul style="list-style-type: none"> – popularization and development of rhythmic gymnastics among the Association's partners, – unification of partner teams, – strengthening of sports ties, exchange of experience between participants and coaches, – formation of a positive team spirit and team cohesion, – strengthening the health of children and adolescents, involving them in regular physical education and sports. <p>The objectives of the Competition are:</p> <ul style="list-style-type: none"> – improving the level of physical and athletic fitness of the Competition participants; – determining the winners of the Competition and identifying the strongest athletes; – promoting a healthy lifestyle among the Competition participants, involving them in systematic physical education and sports.
<p>RULES</p>	<p>The competitions are held according to the program specified in the competition regulations.</p>
<p>AGE OF GYMNASTS</p>	<p>Individual program First athletic sports category born in 2012–2013 Master of Sports Candidates born in 2009–2011</p> <p>Group exercises First athletic sports category born in 2012–2013 Master of Sports Candidates born in 2009–2011 Master of Sports born in 2008 and older According to the decision of the Association, athletes younger than the established age may be admitted to age groups on an individual basis.</p>

ENTRY DEADLINE	Preliminary entry	until 20.10.2024 via email: request@skygrace.ru In the email subject enter: PRELIMINARY entry
	Final entry	Until 30.10.2024 via email: request@skygrace.ru In the email subject enter: FINAL entry
	Musical entry*	until 15.11.2024 via email: music@skygrace.ru To be submitted to the committee on the day of arrival, in paper format
	Electronic entry	Participant registration is carried out after the final onfirmation Applications accepted until 10.30.2024 registration link will be sent in a reply
	Entry with medical clearance	to the admission commission on the day of arrival, 1 (one) copy with a seal
<p>A musical entry is filled out for each athlete, for each team, for the exhibition number with the name of the performance. Music for the performances is sent via email music@skygrace.ru until 15.11.2024</p> <p>Each music file must be signed, for example: <i>Ivanova Taisiya jump rope, First category, born in 2013. St. Petersburg or Team GU 5 hoops, Master of Sports Candidates, Pirouette athletic club, Moscow</i></p>		
SCHEDULE	<p>Wednesday, November 27 - Arrival day, including the participants admission committee, official training (team tryouts), judges' meeting, representatives and coaches</p> <p>Thursday, November 28 - Competition Day 1: individual program and group exercises</p> <p>Friday, November 29 - Competition Day 2: individual program and group exercises</p> <p>Saturday, November 30 - Competition Day 3: individual program and group exercises, team awards</p> <p>Sunday, December 1 - Showcase performance festival from partner teams, awards for the best performances</p> <p>Monday, December 2 - Participants' departure day</p>	

<p>COMMISSION ON ADMISSION</p>	<p><u>The following documents need to be attached to the application:</u></p> <ul style="list-style-type: none"> – birth certificate for athlete under 14 years of age; – medical certificate permitting admission to athletic competitions; – life and health insurance policy against accidents (original); – mandatory medical insurance policy; – personal data processing consent; – parental (legal representative) consent for competition participation; – team presentation for participants in group exercises. <p><u>Judges provide photocopies of:</u></p> <ul style="list-style-type: none"> – Russian citizen passport with registration; – TIN; – state pension insurance certificate (SPI); – personal data processing consent.
<p>ELIGIBILITY</p>	<p>Association partners teams that have applied for participation in the competition, passed a medical examination and received admission to the competition, participate in the sports competitions.</p> <p>The maximum number of participants from a partner team is:</p> <ol style="list-style-type: none"> 1) 4 athletes performing in an individual program; 2) 2 group exercises teams. <p>Individual program: First athletic category: maximum 2 gymnasts Master of Sports Candidates: maximum 2 gymnasts</p> <p>Group exercises: 2 teams to choose from:</p> <p>First athletic category maximum: 1 team Master of Sports Candidates: maximum 1 team Master of Sports: maximum 1 team</p> <p>The partner team does not have to participate in full.</p>
<p>JUDGES</p>	<p>Each partner team provides a judge who has completed the seminar and passed the online exam on the Sky Grace rules.</p>
<p>COMPETITION FORMAT</p>	<p>The competition is held among the Association partners in the team event:</p> <p>Individual program: 2 gymnasts performing according to the First category program, 2 gymnasts performing according to the Master of Spots Candidates program</p> <p>Group exercises: 2 teams of group exercises performing in different age categories. Each partner team must prepare a showcase performance with athlete participation, dedicated to the 80th anniversary of the Victory in the Great Patriotic War.</p>

<p>COMPETITION PROGRAM</p>	<p>1) Individual program First athletic category - 3 exercises with an apparatus (choice of rope, clubs, hoop or ball) Master of Sports Candidates - 3 exercises with an apparatus (ball, clubs, ribbon) The number of exercises may be reduced by the decision of the competition management.</p> <p>2) Group exercises First athletic category - 2 exercises (with 5 hoops, with 5 pairs of clubs) Master of Sports Candidates - 2 exercises (with 5 hoops, with 5 pairs of clubs) Master of Sports - 2 exercises (with 5 hoops, with 2 balls, 3 ribbons) The number of exercises may be reduced by decision of the competition management. A general final protocol is formed upon completion of the athletic competition.</p> <p>3) Showcase performance program: The number of participants in the showcase performance is not limited. The age of the participants in the showcase performance is not limited. The theme of the showcase performance must be dedicated to the 80th anniversary of the Victory in the Great Patriotic War. The showcase performance must last no more than 2 minutes.</p>
<p>AWARDS</p>	<ol style="list-style-type: none"> 1. The awards ceremony is held in the team standings for the highest results: 2 exercises of the First category + 2 exercises for the aster of Sports Candidates + 2 exercises of the State University (each from a different age category). 2. The teams are awarded with medals, diplomas and memorable prizes by the host organizations and sponsors. 3. The coaches of the athletes and teams, who win at the athletic events are awarded diplomas by the host organizations. 4. Presenting awards to teams is carried out according to the general protocol. 5. The awards for showcare performances are carried out according to the decision made by the control jury. The best showcase performances will be selected for participation in the International Alina-2025 Children's Charity Rhythmic Gymnastics Festival. The number of showcare performances in the Alina festival is determined by the control jury and by the Association management.
<p>INSURANCE</p>	<p>Health insurance is mandatory for all participants in athletic competitions.</p>
<p>LODGING</p>	<p>At the expense of sending organizations. Accommodation options:</p> <p>1) Academy of Rhythmic Gymnastics Hotel 5* Triumfalnaya St., 7, bldg. 1. Double occupancy – The price per person per day is 1,500 rubles + 1,000 rubles (3 meals a day).</p> <p>2) Academy of Martial Arts Hotel 4* Olimpiyskiy Prospekt, 5Ak1 Double occupancy – The price per person per day is 1,500 rubles + 1,000 rubles (3 meals a day).</p>

TRAVEL, ACCOMMODATIONS, FOOD	At the expense of the sending organizations.
RESPONSIBLE FOR ACCOMMODATION AND FOOD	Sky Grace Rhythmic Gymnastics Academy booking service and the Martial Arts Academy Contact phone: +7-928-850-05-66 Elizaveta +7-928-245-34-77 Olga
INFORMATIONAL TECHNICAL SUPPORT	ROSSFERA T company
ENSURING SECURITY (PROTECTION)	Ensuring the safety of participants and spectators at competitions is carried out in accordance with the requirements of the "Rules for Ensuring Safety during Official Athletic Competitions", approved by the Russian Federation decree dated April 18, 2014 No. 353.
GENERAL MEDICAL SERVICE ASSISTANCE PROVISION (AMBULANCE)	Emergency medical care is provided in accordance with the Russian Federation Health Ministry decree dated October 23, 2020 No. 1144n.

International Sky Grace Rhythmic
Gymnastics Clubs Association

Executive Director

Shpekht M.A.

