

APPROVED
Deputy Minister of Sports
of the Russian Federation

(Signature) O. Kh. Baisultanov
21 February 2024
(Seal)

APPROVED
President of the Sky Grace International
Association of Rhythmic Gymnastics Clubs

(Signature) A. M. Kabaeva
20 February 2024
(Seal)

REGULATIONS
of Interregional and All-Russian Official Sports
Rhythmic Gymnastics
Competitions for 2024,

included in the list of separate official sports competitions held under rules of sports developed by sports and athletic organizations, approved by the Russian Ministry of Sports, and such sports and athletic organizations

Sports code number: 0520001611Ya

Moscow

I. GENERAL PROVISIONS

1. Interregional and All-Russian official sports competitions (hereinafter – sports competitions) are included in these regulations on the basis of proposals of the Sky Grace International Association of Rhythmic Gymnastics Clubs (hereinafter – the Association), according to the order of the Ministry of Sports of the Russian Federation on approval of the List of separate official sports competitions held under rules of sports developed by sports and athletic organizations, approved by the Russian Ministry of Sports, and such sports and athletic organizations of 24 January 2024 No. 36 and in accordance with Resolution of the General Meeting of Association Founders of 14 February 2023 No. 1.

The sports competitions are held in accordance with rhythmic gymnastics sports rules (hereinafter – the Rules), developed by the Association and approved by order of the Ministry of Sports of the Russian Federation of 30 January 2024 No. 71.

Personal data of sports competitions participants are processed in accordance with Federal Law of 27 July 2006 No. 152-FZ “On Personal Data.” Consent to personal data processing is furnished to the participants admission board.

2. The sports competitions are held for the purpose of developing and popularizing rhythmic gymnastics in the Russian Federation.

The objectives of holding sports competitions are:

- Finding the strongest athletes and teams for participation in All-Russian competitions and other international contests;
- Increasing athletic skills;
- Qualifying for sports categories;
- Preparing the sports reserve.

3. It is prohibited to exert unlawful influence on results of sports competitions included in these Regulations of Interregional and All-Russian Official Sports Competitions.

It is prohibited to take part in gambling in bookmaker’s offices and totalizators by way of betting for official sports competitions in accordance with requirements set forth by Paragraph 3, Part 4 of Article 26.2 of Federal Law of 4 December 2007 No. 329-FZ “On Physical Culture and Sports in the Russian Federation.”

4. These Regulations are the basis for sending athletes, sports judges and other professionals in the sphere of physical culture and sports to sports competitions.

II. RIGHTS AND RESPONSIBILITIES OF SPORTS COMPETITIONS ORGANIZERS

1. The Russian Ministry of Sports and the Association determine terms and conditions of holding sports competitions stipulated by these Regulations.

2. Allocation of other rights and responsibilities, including liability for harm inflicted to event participants and/or third parties, takes place on the basis of an agreement between the Association and other organizers of sports competitions sports (except the Russian Ministry of Sports) in the regulation of a specific sports competition. If allocation of the said rights and responsibilities takes place based on an agreement, the regulation of a specific sports competition shall contain a reference to details of such agreement (number and date of agreement execution).

III. SUPPORT OF SAFETY OF PARTICIPANTS AND SPECTATORS, MEDICAL SUPPORT AND ANTIDOPING SUPPORT OF SPORTS COMPETITIONS

1. The sports competitions are held at sports facilities included into the All-Russian Register of Sports Facilities, in accordance with Federal Law of 4 December 2007 No. 329-FZ “On Physical Culture and Sports in the Russian Federation.”

Support of safety of participants and spectators at sports competitions is implemented according to requirements of Safety Rules during Official Sports Competitions approved by Decree of the Russian Federation Government of 18 April 2014 No. 353.

2. Participation in sports competitions can only take place with available policy of life and health insurance against accidents, which shall be furnished to the participants admission board for each sports competition participant. Participants in sports competitions can be insured either at expense of budgetary or extra-budgetary funds, in accordance with laws of the Russian Federation and constituencies of the Russian Federation.

3. Emergency medical aid is provided in accordance with Order of the Ministry of Health of the Russian Federation of 23 October 2020 No. 1144n “On approval of procedure of medical aid provision to people going in for physical training and sports (including during preparation and holding of physical training events and sports events), including the procedure of medical examination of persons desirous of undergoing sports training, going in for physical training and sports in organizations and/or meeting the standards (tests) of the “Ready to Labor and Defense” All-Russian physical training and sports complex, and forms of medical reports on admission for participation in physical training and sports events.”

The basis for athlete’s admission to sports competitions under medical reports is the application for participation in sports

competition with the “Admitted” note opposite each athlete’s surname, certified by signature of a sports medicine doctor and his/her personal seal or by an authorized representative of a medical institution having data about athlete’s passing the in-depth medical examination. The application for participation in sports competitions shall be signed by the sports medicine doctor or the authorized representative of the medical institution having data about athlete’s passing the in-depth medical examination, with surname, name and patronymic (if any) details, and certified by the seal of the medical institution licensed to carry the medical activity stipulating work (services) on exercise therapy and sports medicine.

4. Antidoping support of sports events in the Russian Federation is implemented in compliance with All-Russian Antidoping Rules (hereinafter - Antidoping Rules) approved by Order of the Russian Ministry of Sports of 24 June 2021 No. 464.

Pursuant to Paragraph 12.14.1 of the Antidoping Rules, no athlete or another person with disqualification or suspension applied towards them is eligible during the disqualification or suspension period to take part in sports competitions in any capacity. Athletes and coaches taking part in official interregional and all-Russian rhythmic gymnastics sports competitions shall undergo the Antidoping remote training course and present the valid RUSADA RAA certificate to the participants admission board (at the request of the board).

5. Requirements of these Regulations are detailed by Regulations of specific sports competitions and cannot contradict them.

Regulations of Interregional and All-Russian official sports competitions are developed by the Association for each event individually and approved by the Association and other sports competition organizers. In case the same persons are organizers of several interregional and All-Russian sports competitions, a single Regulation can be drawn up for such competitions.

IV. ALL-RUSSIAN SPORTS COMPETITIONS

1. Overview of sports competition

No.	Sports competition name, sports competitions venues (constituency of the Russian Federation, settlement, sports facility name), number of sports competition stage	Pattern of sports competition summarizing	Planned number of sports competitions participants (people)	Composition of sports team of a Russian Federation constituency/team of sports and athletic organization, including sports club/sports team of a structural unit of the Armed Forces of the Russian Federation, federal executive authority exercising guidance of developing paramilitary and service applied sports, educational institution administered by such federal authority/participants in sports competition from sports and athletic organization				Athletic qualification of athletes (athletic title, athletic category)	Groups of participants in sports competitions by sex and age under United All-Russian Sports Classification	Sports competition program			
				Total	Including					Timeline, including arrival date and departure date	Sports discipline name (according to the All-Russian Sports Register)	Code number of sports discipline (according to the All-Russian Sports Register)	Number of program routines/medals
Athletes	Coaches and other professionals in physical culture and sports	Sports judges											

1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	Sky Grace Cup Sirius Federal Territory, Sochi, Krasnodar Territory Sky Grace Academy	I	500	70	46	22	By decision of the Association management	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	April	Arrival day, including the participants admission board meeting, official workouts, the meeting of judges, representatives and coaches		
										April 11-14	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors	0520061611B	2/-
											Rope	0520041811Ya	2/-
											Hoop	0520031811B	2/-
											Ball	0520021811B	2/-
											Clubs	0520011811B	2/-
											Ribbon	0520101811B	2/-
											Group exercise – single apparatus Seniors; juniors	0520121811B	2/-
										Group exercise – two apparatus Seniors	0520131811Zh	1/-	
April 15	Departure day												

I - individual competition.

2. Requirements to Participants and Conditions for their Admission

1. The strongest athletes of constituencies of the Russian Federation and athletes of sports and athletic organizations (including sports clubs and other sports organizations) take part in All-Russian sports competitions.

Athletes of foreign states can also be additionally admitted for participation in sports competitions.

2. Eligibility for participation in sports competitions:

2.1. Individual program

Eligibility for participation in the All-around sports discipline:

- Seniors of 15 years old (born in 2009) and older under the Master of Sports program;
- Juniors of 13-15 years old (born in 2011-2009) under the Candidate Master of sports program.

The All-around sports discipline consists of 5 individual program routines: Rope, Hoop, Ball, Clubs, and Ribbon.

The strongest athletes taking places for 1 to 5 in each age group at the Sky Grace official interregional sports competitions are eligible to take part in sports competitions.

- Seniors - 5;
- Juniors - 5;
- Coaches (according to the number of participating athletes)
- Judge – 1 (sports judges are admitted to competitions according to the decision of the Association management).

Eight strongest athletes each taking places from 1 to 8 for each apparatus in the all-around sports discipline under the Master of Sports program and the Candidate Master of Sports program are eligible for sports competitions in all-around individual routines..

2.2. Group exercise.

Eligibility for participation in the Group Exercise - All-around sports discipline:

- Seniors of 15 years old (born in 2009) and older under the Master of Sports program;
- Juniors of 13-15 years old (born in 2011-2009) under the Candidate Master of sports program.

Three best groups each according to results of the Sky Grace Cup official interregional sports competitions are eligible for participation in sports competitions but max. 1 group from a constituency of the Russian Federation in each age group.

Authorization from the federal district:	
Master of Sports Program	Candidate Master of Sports Program
3 groups (18 gymnasts)	3 groups (18 gymnasts)
6 coaches	6 coaches
1 judge (sports judges are admitted to competitions according to the decision of the Association management).	

The group consists of minimum 5 and maximum 6 athletes and performs two exercises. All the athletes should participate in a minimum one exercise.

Master of Sports Program (15 and more years old)	Candidate Master of Sports Program (13-15 years old)
Exercise No. 1 – with 5 hoops; Exercise No. 2 – with 3 ribbons and 2 balls.	Exercise No. 1 – with 5 pairs of clubs; Exercise No. 2 – with 5 hoops.

Eight best groups each taking places from 1 to 8 in each exercise, showing best score in the Group exercise – All-around sports discipline during sports competitions, are eligible for finals in individual program routines in sports disciplines containing the “group exercise” words in their description.

2.3. The following ones are additionally eligible in the all-around sports discipline and in the group exercise - all around sports discipline by decision of the Association management:

- Other athletes performing for sports and athletic organizations that are partners of the Association.

3. Applications for Participation

1. A preliminary application for participation in the Sky Grace Cup All-Russian sports competition shall be presented to the Association 14 days’ prior to the start of the sports competition, to the official email: request@skygrace.ru

Applications sent to other emails will not be accepted.

2. Application for participation in sports competitions signed by the chief executive of the sports organization sending to sports competitions and the doctor, and other required documents shall be furnished to the admission board on the arrival day, in one counterpart.

3. The following documents per each athlete shall be attached to the application:

- Passport of the Russian Federation citizen, for athletes younger than 14 years old – certificate of birth;
- Foreign passport for athletes of foreign delegations;
- Category record book, athletic title certificate;
- Medical certificate on admission for sports competitions;
- Policy of life and health insurance against accidents (original);
- Compulsory health insurance policy. Judges shall furnish photocopies of:
 - Passport of the Russian Federation citizen with the registration record / foreign passport for judges of foreign delegations;
 - INN (Taxpayer ID No.),
 - State pension insurance certificate (SPIC).

4. Conditions of Summing-up

1. The Sky Grace Cup sports competitions are held in sport disciplines of All-around; Group Exercise - All-around; Rope; Hoop; Ball; Clubs; Ribbon; Group Exercise - One Apparatus, and Group Exercise - Two Apparatus.

2. Gymnasts perform the following exercises in the individual program: Rope, Hoop, Ball, Clubs, and Ribbon.

Winners are determined in individual program routines in the All-around sports discipline by the best sum of scores received for performing 5 program routines.

3. Groups in group exercises perform two exercises each.

Winners of sports competitions in the Group Exercise - All-around sports discipline are determined by the highest sum of scores received by the group for performance of two exercises.

The winners in sports competition finals of Group Exercise - Single Apparatus and Group Exercise - Two Apparatus are determined by the best score in the finals. In case of parity of results in finals, the preference is given to a team having the highest score during the sports competition in the Group Exercise - All-around sports disciplines.

4. Two records are drawn up in conclusion of a sports competition: a final general record and a final record with distribution of places among Russian participants.

5. Final results (records) and reports of main panels of judges in hardcopy and softcopy should be presented to the Ministry of Sports and the Federal State Budget Institution Center of Sports Training within ten days from the closing day of sports competitions. To the Association - within five days from the closing day of sports competitions.

5. Awards to winners and prize winners.

1. Winning athletes and prize winners of sports competitions in each program routines are awarded with medals, Association diplomas and commemorative prizes of event running organizations.

2. Awards are given to winners and prize winners according to the general record.

6. Terms of financing

1. Financial support related to organizational costs of preparing and holding sports competitions is implemented at the expense of funds of the Association and extra-budgetary funds of other participating organizations.

2. Sending costs (traveling, meals, accommodation and insurance) of participants, coaches and judges of competitions are to be provided by sending organizations.

V. INTERREGIONAL SPORTS COMPETITIONS

1. Overview of sports competition

No	Sports competition name, sports competitions venues (constituency of the Russian Federation, settlement, sports facility name), number of sports competition stage	Pattern of sports competition summarizing	Planned number of sports competitions participants (people)	Composition of sports team of a Russian Federation constituency/team of sports and athletic organization, including sports club/sports team of a structural unit of the Armed Forces of the Russian Federation, federal executive authority exercising guidance of developing paramilitary and service applied sports, educational institution administered by such federal authority/participants in sports competition from sports and athletic organization			Athletic qualification of athletes (athletic title, athletic category)	Groups of participants in sports competitions by sex and age under United All-Russian Sports Classification	Sports competition program		
				Total	Including				Timeline, including arrival date and departure date	Sports discipline name (according to the All-Russian Sports Register)	Code number of sports discipline (according to the All-Russian Sports Register)
Athletes	Coaches and other professionals in the physical culture and sports sphere	Sports judges									

1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	Sky Grace Cup (Far Eastern Federal District) Chita, Trans-Baikal Territory, Megapolis Sport Sports Facility	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 13	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										March 14-15	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors		0520061611B
										March 16	Departure day		
2	Sky Grace Cup (Siberian Federal District), Novosibirsk Region, Novosibirsk, Municipal Autonomous Institution Zarya Center of Sports Training	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 17	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										March 18-20	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors		0520061611B
										March 21	Departure day		
3	Sky Grace Cup (Southern Federal District), Sky Grace Academy, Sirius Federal Territory, Sochi, Krasnodar Territory	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 21	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										March 22-23	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors		0520061611B
										March 24	Departure day		

4	Sky Grace Cup (North Caucasian Federal District), Sky Grace Academy, Sirius Federal Territory, Sochi, Krasnodar Territory	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches			
										All-around	0520051611B	2/-	
										Group exercise – All- around Seniors; juniors	0520061611B	2/-	
										Departure day			
5	Sky Grace Cup (Central Federal District), Ivanovo, Ivanovo Region Municipal Budgetary Institution of Additional Education Sports School No. 9	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 21	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										All-around	0520051611B	2/-	
										March 22-24	Group exercise – All- around Seniors; juniors	0520061611B	2/-
										March 25			Departure day
6	Sky Grace Cup (Volga Federal District), Ulyanovsk, Ulyanovsk Region, Rhythmic Gymnastics Palace Tatiana-Arena	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 22	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										All-around	0520051611B	2/-	
										March 23-24	Group exercise – All- around Seniors; juniors	0520061611B	2/-
										March 24			Departure day

7	Sky Grace Cup (Northwestern Federal District), Ukhta, Komi Republic Burevestnik Sports Center of Ukhta State Technical University	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 22	Arrival day, including the participants admission board meeting, official workouts, meeting of judges, representatives and coaches		
										March 23-24	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors	0520061611B	2/-
										March 25	Departure day		
8	Sky Grace Cup (Ural Federal District), Sverdlovsk Region, Yekaterinburg, Center of Rhythmic and Aesthetic Group Gymnastics	I	350	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 21	Arrival day, including the participants admission board meeting.		
										March 22	Official exercises, the meeting of judges, representatives and coaches.		
										March 23-24	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors	0520061611B	2/-
										March 25	Departure day		
9	Sky Grace Cup (Moscow), Moscow, Dynamo Academy of Sports	I	400	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors Juniors (13-15 years old)	March 27	Arrival day, including the participants admission board meeting.		
										March 28	Official exercises, the meeting of judges, representatives and coaches.		
										March 29-31.03	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors	0520061611B	2/-
										01/04	Departure day		

10	Sky Grace Cup (St. Petersburg) St. Petersburg, Zhemchuzhina Center of Rhythmic Gymnastics	I	400	30	18	10	2	Min. Candidate Master of Sports Min. Cat. I	Seniors	March 28	Arrival day, including the participants admission board meeting.		
										March 29	Official exercises, the meeting of judges, representatives and coaches.		
										March 30- 31.03	All-around	0520051611B	2/-
											Group exercise – All-around Seniors; juniors	0520061611B	2/-
										01/04	Departure day		

I - individual competition.

2. Requirements to Participants and Conditions for their Admission

1. The strongest athletes of constituencies of the Russian Federation and athletes of sports and athletic organizations (including sports clubs and other sports organizations) of relevant federal districts take part in sports competitions.

Athletes of foreign states can also be additionally admitted for participation in sports competitions.

2. Eligibility for participation in sports competitions:

2.1. Individual program

Eligibility for participation in individual program routines in the All-around sports discipline:

- Seniors of 15 years old (born in 2009) and older under the Master of Sports program
- Juniors of 13-15 years old (born in 2011-2009) under the Candidate Master of sports program.

The All-around sports discipline consists of 5 individual program routines: Rope, Hoop, Ball, Clubs, and Ribbon.

Eligibility for participation in sports competitions:

- Seniors - 1;
- Juniors - 1;
- Coaches (according to the number of participating athletes)
- 1 judge (sports judges are admitted to competitions according to the decision of the Association management).

2.2. Group exercise.

Athletes of sports and athletic organizations that presented applications for participation in the Sky Grace Cup interregional sports competitions of the mentioned federal district participate in sports competitions in the Group Exercise - All-around sports discipline and perform two exercises:

Master of Sports Program (15 and more years old)	Candidate Master of Sports Program (13-15 years old)
Exercise No. 1 – with 5 hoops; Exercise No. 2 – with 3 ribbons and 2 balls.	Exercise No. 1 – with 5 pairs of clubs; Exercise No. 2 – with 5 hoops.

Eligibility for participation in the Group Exercise - All-around sports discipline:

- Seniors of 15 years old (born in 2009) and older under the Master of Sports program
- Juniors of 13-15 years old (born in 2011-2009) under the Candidate Master of sports program.

Authorization from a Russian Federation constituency in a federal district	
Master of Sports Program	Candidate Master of Sports Program
1 group (6 gymnasts)	1 group (6 gymnasts)
2 coaches	2 coaches
1 judge (sports judges are admitted to competitions according to the decision of the Association management).	

The group consists of minimum 5 and maximum 6 athletes. All the athletes should participate in a minimum one exercise.

2.3. The following ones are additionally eligible in the all-around sports discipline and in the group exercise - all around sports discipline by decision of the Association management:

– Other athletes performing for sports and athletic organizations that are partners of the Association all-around sports discipline and in the group exercise - all around sports discipline by decision of the Association management.

3. Applications for Participation

1. A preliminary application for participation in the Sky Grace Cup interregional sports competition shall be presented to the Association 14 days' prior to the start of the sports competition, to the official email: request@skygrace.ru

Applications sent to other emails will not be accepted.

2. Application for participation in sports competitions signed by the chief executive of the sports organization sending to sports competitions and the doctor, and other required documents shall be furnished to the admission board on the arrival day, in one counterpart.

3. The following documents per each athlete shall be attached to the application:

– Passport of the Russian Federation citizen, for athletes younger than 14 years old – certificate of birth;

– Foreign passport for athletes of foreign delegations;

– Category record book, athletic title certificate;

– Medical certificate on admission for sports competitions;

– Policy of life and health insurance against accidents (original);

– Compulsory health insurance policy.

Judges shall furnish photocopies of:

– Passport of the Russian Federation citizen with the registration record/ foreign passport for judges of foreign delegations;

– INN (Taxpayer ID No.),

– State pension insurance certificate (SPIC).

4. Conditions of summing-up

1. Interregional sports competitions are official qualifying sports competitions for participation in the Sky Grace Cup All-Russian sports competition.

2. Winners of sports competitions in the all-around sports discipline are determined by the highest sum of scores received for 5 program routines.

3. Winners of sports competitions in the Group Exercise - All-around sports discipline are determined by the highest sum of scores received by the group for performance of two exercises.
4. Two records are drawn up in conclusion of a sports competition: a final general record and a final record with distribution of places among Russian participants.
5. Final results (records) and reports of main panels of judges in hardcopy and softcopy should be presented to the Ministry of Sports and the Federal State Budget Institution Center of Sports Training within ten days from the closing day of sports competitions. To the Association - within five days from the closing day of sports competitions.

5. Awards to Winners and Prize Winners

1. Participants taking prize places (1, 2, and 3) in sports competitions in the All-around sports discipline are awarded with medals, diplomas, and commemorative prizes of event running organizations and sponsors.
2. Groups taking prize places (1, 2, and 3) in sports competitions in the Group Exercise - All-around sports discipline are awarded with medals, diplomas, and commemorative prizes of event running organizations and sponsors.
3. Coaches of athletes and teams - winners of sports competition in individual and team program routines are awarded with diplomas of event running organizations.
4. Awards are given to winners and prize winners according to the general record.

6. Terms of Financing

1. Financial support related to organizational costs of preparing and holding sports competitions is implemented at the expense of funds of the Association and extra-budgetary funds of other participating organizations.
2. Sending costs (traveling, meals, accommodation and insurance) of participants, coaches and judges of competitions are to be provided by sending organizations.

APPLICATION

for participation in _____
(Competition name with indication of date and venue of holding)

from team _____

No.	Surname, given name	Date of birth (DD / MM / YYYY)	Athletic category	Affiliation with sports and athletic organization	Signature of doctor with the Admitted or Not admitted note and doctor's personal seal

Admitted in total under this application _____ persons

(in words)

Signature of doctor _____ / _____ /
Details of signature

Signature of team representative _____ / _____ /
Details of signature

Chief executive of the sports organization _____ / _____ /
Signature Details of signature

Place for stamp

Place for stamp
Medical institution

Place for stamp
Doctor